## LIFTING THE WAIRUA OUT OF 'TE WHARE TAPA WHA'

NAU MAI HAERE MAI Welcome, welcome!

Come along and explore the tapestry of our universe's cosmology with Tau Huirama & Liz Kinley-Huirama

Join Tau & Liz for a two-day waananga for a rich glimpse into a Maaori world view, never shared in this unique way before.

Where: Te Atamira, Queenstown

When: Friday 9th & Saturday 10<sup>th</sup>
June 2023



This waananga is for teachers, youth workers, coaches, leaders, managers, counsellors, social workers, wairua practitioners, health practitioners, professional supervisors, and anyone wanting to grow their understanding of Te Ao Maaori.

Together, we will explore themes that deepen your understanding, and enrich your life and the lives of your whanau, and work. These include:

Te Taahuhu Exploring the ancestral knowledge base.

Maatai Tuarangi
Maaori Cosmology from where wairua and life sprang up.

Whakapapa o Wairua What is wairua?

Te Tuakiri me te Ira Tupuna Exploring and building upon your own ancestral spiritual potential.

Whaka Ora
Our own healing practices.

## Karakia

Learning more about karakia.

Learning how to bless pounamu and treasures that belong to you and your whanau.

## Hongi

Unpacking the richness in the hongi and why it is done.

